

# MENTAL HEALTH PRACTICE

FOR MENTAL HEALTH NURSES AND OTHERS INVOLVED IN THE MENTAL HEALTH FIELD

## Compulsive hoarding

Putting colour back  
into people's lives

**Military veterans**  
Flexible treatment options in  
post-traumatic stress disorder

**Street triage**  
How nurses reduce  
the use of section 136

**National guidelines**  
Cognitive behaviour therapy should  
be offered to people with psychosis